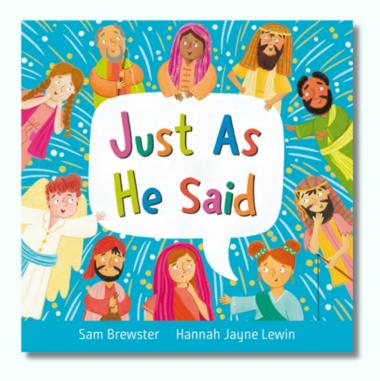
# **Toddler pack**

Ages 0 - 5



- Session guide: Coping with scary times
- Song lyrics
- Activity 1: Colouring sheet
- Activity 2: Water play (musical statues)
- Activity 3: Craft Storm in a bottle
- Prayer prompts



# **Objective:**

To help children know that Jesus is with them when life is hard and scary because his words are powerful and true.

## **Outline:**

- **Pray** (1 min)
- Play the song: hand out percussion instruments for the children to use while they're listening and singing. Or do actions. (1.5 mins)
- Read & pull objects (5 mins)
  - Read pages 5 8, then skip to page 25
  - Pull out objects from the bag and ask the questions as you read each page.
- Complete the craft & activities (30 mins)

# **Opening prayer:**

Dear God,

Thank you for a chance to learn more about you today and about how you help us when life gets hard and scary. We pray that hearing this true story from the Bible would teach us to know that because of Jesus you will never abandon us. Amen.

## Song:







# **Opening Questions:**

- 1. When do you feel scared? I feel scared when it's dark I'm scared of the dark! What about you? (Elicit answers: what about when you're riding a bike really fast? Or if you're doing something new that you've not done before...)
- 2. Life can be scary sometimes! And as we grow up there can be lots of difficult moments and that's normal. This story is all about how Jesus helps us with them.

My God is so big
So strong and so mighty
There's nothing my God cannot do

My God is so big
So strong and so mighty
There's nothing my God cannot do

He made the trees He made the seas He made the elephants too

My God is so big
So strong and so mighty
There's nothing my God cannot do

My God is so big
So strong and so mighty
There's nothing my God cannot do

My God is so big
So strong and so mighty
There's nothing my God cannot do

The mountains are His
The rivers are His
The stars are His handiwork too

My God is so big
So strong and so mighty
There's nothing my God cannot do
There's nothing my God cannot do
There's nothing my God cannot do
For You!

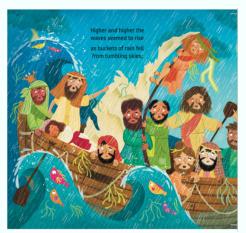
## Read & pull objects:

Prepare a bag filled with four objects related to the story: 1. A spray bottle filled with water 2. Toy fish/rubber ducky 3. Toy boat 4. Toy man or woman

#### Pages 5 - 6

Ask a child to pull an object from the bag, talk about how it fits with the story e.g. toy man/woman - "Look, here's a man. There were lots of men on the boat with Jesus, do they look happy or sad? Sad! Let's see what happened to them."

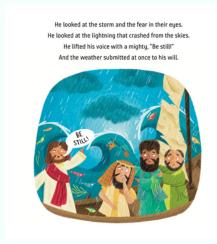
Ask another child to pull another object: "Look here's some water \*spray lightly\*
- these men in the boat were caught in a storm. Let's see what happened to
them."





- What are the people (and animals) afraid
   of? The storm
- Would you be afraid of a storm?

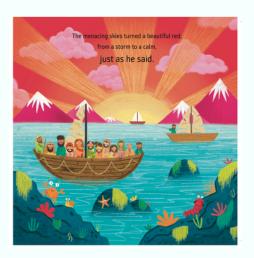
Page 7



Ask a child to pull another object from the bag. Explain it's relationship to the story.

- What did Jesus do to make the storm stop? Speak
- What did he say? Be still

#### Page 8



Ask a child to pull another object from the bag. Explain it's relationship to the story.

- · What happened to the sea? It calmed
- · Does the sea calm if you tell it to? No
- What does this tell us about Jesus's words? They're very powerful and always come true! Even the sea listens to him.

#### Page 25



- What does Jesus say to us when we're scared? He'll never abandon us
- Why can we believe him? Because he said it! He is powerful and his words always come true.

### **Summary:**

- Jesus will never abandon us, even in scary, hard times. Whether
  we're in a storm, walking in the dark, riding a bike or starting a new
  nursery or playgroup.
- Why can we believe him? Because he said it and his words are true and powerful.



HE'LL NEVER ABANDON YOU JUST AS HE SAID

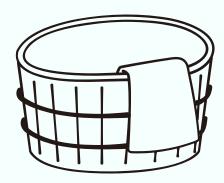
## Water play

#### "Be still" (Musical statues)

If you're brave enough to get a bit (a lot) messy, set up water play area with a shallow amount of water. Use fans and bubbles and toy boats to recreate the scene. Practice saying: "Be still" and having the children stop their play at different intervals. Children appreciate sensory play and the contrast between loud and quiet, lots of movement and none. If you don't want to get wet then fill the tub with interesting blue material: crinkle paper / foil / fabric.

#### You'll need:

- A large tub (or specific water play equipment)
- Waterproof mat, tarpaulin or large towels to put underneath
- Water (or interesting blue materials)
- Toy boats, fish and people (that float)
- Fan (optional)
- Bubble machine (optional)
- Towels (for clean up)



#### **Activity:**

- Let the children play in the water with the boats
- Let them know that when you shout "Be still" they have to stop moving and playing, the one who is still moving will be 'out'.
- Continue doing so until there is one winner.
- Message: "See how powerful my words are when I say 'Be still'. Jesus managed to stop an entire storm with his." So when he says 'I will never abandon you', we can believe him!

### Storm in a bottle

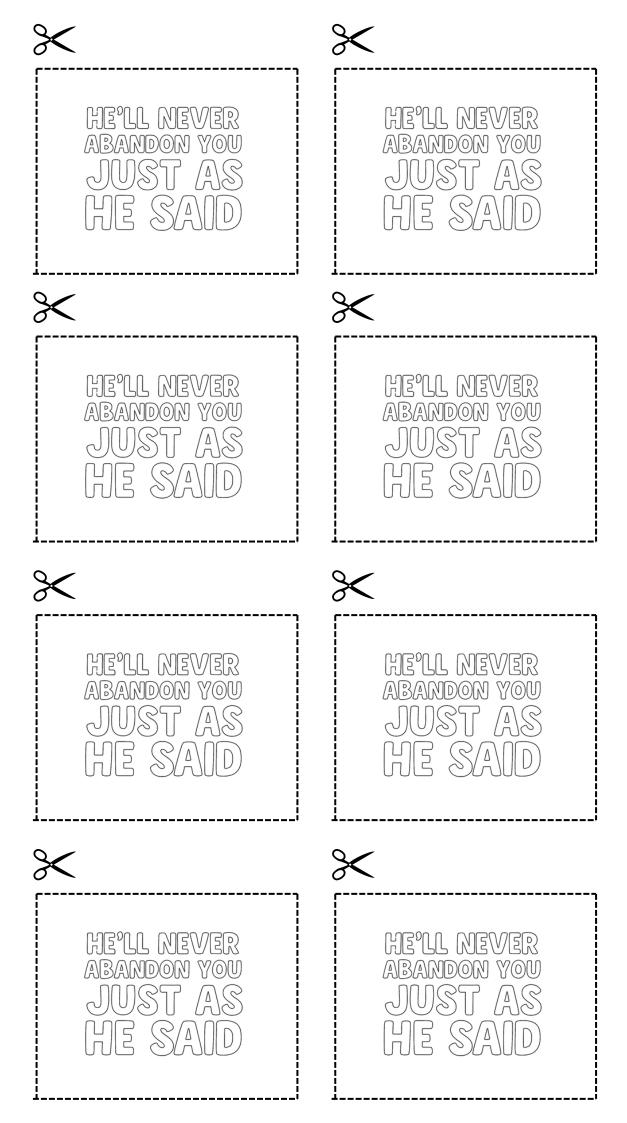
#### You'll need:

- 1. A clear plastic bottle (with a secure, screw-on lid)
- 2. Water
- 3. Olive oil (or baby oil, which is clearer)
- 4. Optional: food colouring, glitter, sequins, little lego or laminated figure (to symbolise Jesus) or small beads
- 5. Print outs: "He will never abandon us. Just as he said" (ideally on transparent paper)
- 6. Glue
- 7. Tape

#### Steps:

- 1. Fill the bottle about two-thirds full with water.
- 2. Add a few drops of food colouring.
- 3. Slowly pour in baby/olive oil until the bottle is almost full usually about ½ to ½ of the total volume.
- 4. Fill with little animal sequins or small beads etc
- 5. Seal the lid tightly (hot glue or tape it shut for safety).
- 6. Cut out the templates below and stick to the bottle (but not so it obscures the contents)
- 7. Shake it up then watch!





# **Prayer prompts**

You are strong enough to help with ANYTHING, God



God, you are such a trusted comforter and guide!

That you're always with us, even in difficult times



That because of Jesus, you'll never abandon us

For not believing your words



For not coming to you when things are scary

Give us more belief in the power of your words



Help us trust you are with us when we're scared

Teach your children this prayer format!



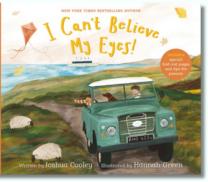


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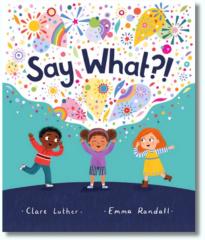
Also by Sam Brewster

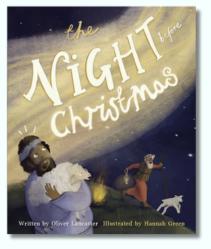




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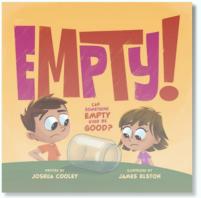






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