

done, and he rested on the seventh day from all his work that he had done.³ So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.

The Creation of Man and Woman

⁴ These are the generations of the heavens and the earth when they were created, in the day that the LORD God made the earth and the heavens.

⁵ When no bush of the field¹ was yet in the land² and no small plant of the field had yet sprung up—for the LORD God had not caused it to rain on the land, and there was no man to work the ground,³ and a mist⁴ was going up from the land and was watering the whole face of the ground—⁷ then the LORD God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living creature.⁸ And the LORD God planted a garden in Eden, in the east, and there he put the man whom he had formed.⁹ And out of the ground the LORD God made to spring up every tree that is pleasant to the sight and good for food. The tree of life was in the midst of the garden, and the tree of the knowledge of good and evil.

¹⁰ A river flowed out of Eden to water the garden, and there it divided and became four rivers.¹¹ The name of the first is the Pishon. It is the one that flowed around the whole land of Havilah, where there is gold.¹² And the gold of that land is good; bedellium and onyx stone are there.¹³ The name of the second river is the Gihon. It is the one that flowed around the whole land of Cush.¹⁴ And the name of the third river is the Tigris, which flows east of Assyria. And the fourth river is the Euphrates.

¹⁵ The LORD God took the man and put him in the garden of Eden to work it and keep it.¹⁶ And the LORD God commanded the man, saying, "You may surely eat of every tree of the garden,¹⁷ but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat¹ of it you shall surely die."

¹⁸ Then the LORD God said, "It is not good that the man should be alone; I will make him a helper fit for⁵ him."¹⁹ Now out of the ground the LORD God had formed⁶ every beast of the field and every bird of the heavens and brought them to the man to see what he would call them. And whatever the man called every living

¹ Or open country ² Or earth; also verse 6 ³ Or spring ⁴ Or when you eat ⁵ Or corresponding to; also verse 20 ⁶ Or And out of the ground the LORD God formed ⁷ Or the man ⁸ Hebrew bull ⁹ The Hebrew words for woman (ishbah) and man (ish) sound alike ¹⁰ In Hebrew you is plural in verses 1–5 ¹¹ Or to give insight ¹² Hebrew wind ¹³ In Hebrew you is singular in verses 9 and 11

creature, that was its name.²⁰ The man gave names to all livestock and to the birds of the heavens and to every beast of the field. But for Adam⁷ there was not found a helper fit for him.²¹ So the LORD God caused a deep sleep to fall upon the man, and while he slept took one of his ribs and closed up its place with flesh.²² And the rib that the LORD God had taken from the man he made⁸ into a woman and brought her to the man.²³ Then the man said,

"This at last is bone of my bones and flesh of my flesh; she shall be called Woman, because she was taken out of Man."²⁴

²⁴ Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh.²⁵ And the man and his wife were both naked and were not ashamed.

The Fall

³ Now the serpent was more crafty than any other beast of the field that the LORD God had made.

He said to the woman, "Did God actually say, 'You¹⁰ shall not eat of any tree in the garden?'"² And the woman said to the serpent, "We may eat of the fruit of the trees in the garden,³ but God said, 'You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die.'"⁴ But the serpent said to the woman, "You will not surely die.⁵ For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil."⁶ So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise,¹¹ she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate.

⁷ Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths.⁸ And they heard the sound of the LORD God walking in the garden in the cool¹² of the day, and the man and his wife hid themselves from the presence of the LORD God among the trees of the garden.⁹ But the LORD God called to the man and said to him, "Where are you?"¹³ And he said, "I heard the sound of you in the garden, and I was afraid, because I was naked, and I hid myself."¹⁴ He said, "Who told you that you were naked? Have you eaten of the tree of which I commanded you not to eat?"¹² The man said,

"Because you have listened to the voice of your wife and have eaten of the tree of which I commanded you, 'You shall not eat of it,' cursed is the ground because of you; in pain you shall eat of it all the days of your life; thorns and thistles it shall bring forth for you; and you shall eat the plants of the field. By the sweat of your face you shall eat bread, till you return to the ground, for out of it you were taken; for you are dust, and to dust you shall return."

²⁰ The man called his wife's name Eve, because she was the mother of all living.²¹ And the LORD God made for Adam and for his wife garments of skins and clothed them.²² Then the LORD God said, "Behold, the man has become like one of us in knowing

good and evil. Now, lest he reach out his hand and take also of the tree of life and eat, and live forever—" ²³ therefore the LORD God sent him out from the garden of Eden to work the ground from which he was taken. ²⁴ He drove out the man, and at the east of the garden of Eden he placed the cherubim and a flaming sword that turned every way to guard the way to the tree of life.

¹ Hebrew seed; so throughout Genesis ² Or shall be toward (see 4:7) ³ Eve sounds like the Hebrew for life-giver and resembles the word for living ⁴ Cain sounds like the Hebrew for potter ⁵ Hebrew will there not be a lifting up [of your face]? ⁶ Or is toward ⁷ Hebrew; Samaritan, Septuagint, Syriac, Vulgate add Let us go out to the field ⁸ Or, My guilt is too great to bear ⁹ Noor means wandering

good and evil. Now, lest he reach out his hand and take also of the tree of life and eat, and live forever—" ²³ therefore the LORD God sent him out from the garden of Eden to work the ground from which he was taken. ²⁴ He drove out the man, and at the east of the garden of Eden he placed the cherubim and a flaming sword that turned every way to guard the way to the tree of life.

Cain and Abel

⁴ Now Adam knew Eve his wife, and she conceived and bore Cain, saying, "I have gotten¹ a man with the help of the LORD."² And again, she bore his brother Abel. Now Abel was a keeper of sheep, and Cain a worker of the ground. ³ In the course of time Cain brought to the LORD an offering of the fruit of the ground, ⁴ and Abel also brought of the firstborn of his flock and of their fat portions. And the LORD had regard for Abel and his offering, ⁵ but for Cain and his offering he had no regard. So Cain was very angry, and his face fell. ⁶ The LORD said to Cain, "Why are you angry, and why has your face fallen? ⁷ If you do well, will you not be accepted?² And if you do not do well, sin is crouching at the door. Its desire is contrary to⁶ you, but you must rule over it."

⁸ Cain spoke to Abel his brother.⁷ And when they were in the field, Cain rose up against his brother Abel and killed him. ⁹ Then the LORD said to Cain, "Where is Abel your brother?" He said, "I do not know; am I my brother's keeper?" ¹⁰ And the LORD said, "What have you done? The voice of your brother's blood is crying to me from the ground. ¹¹ And now you are cursed from the ground, which has opened its mouth to receive your brother's blood from your hand. ¹² When you work the ground, it shall no longer yield to you its strength. You shall be a fugitive and a wanderer on the earth."¹³ Cain said to the LORD, "My punishment is greater than I can bear."¹⁴ Behold, you have driven me today away from the ground, and from your face I shall be hidden. I shall be a fugitive and a wanderer on the earth, and whoever finds me will kill me.

¹⁵ Then the LORD said to him, "Not so! If anyone kills Cain, vengeance shall be taken on him sevenfold." And the LORD put a mark on Cain, lest any who found him should attack him.¹⁶ Then Cain went away from the presence of the LORD and settled in the land of Nod,² east of Eden.

¹⁷ Cain knew his wife, and she conceived and bore Enoch. When he built a city, he called the name of the city after the name of his son,

Enoch. ¹⁸ And he had another son, and he called him after the name of his brother, Lamech. He said to his wife, "I have slain a man because of my wrath, and I have slain a man because of my wrath. If Cain is avenged sevenfold, truly Lamech will be avenged seventy-sevenfold."

¹ Hebrew seed; so throughout Genesis ² Or shall be toward (see 4:7) ³ Eve sounds like the Hebrew for life-giver and resembles the word for living ⁴ Cain sounds like the Hebrew for potter ⁵ Hebrew will there not be a lifting up [of your face]? ⁶ Or is toward ⁷ Hebrew; Samaritan, Septuagint, Syriac, Vulgate add Let us go out to the field ⁸ Or, My guilt is too great to bear ⁹ Noor means wandering