

That's huge.

What is it about Jesus' crucifixion that can fulfil my deepest need for love and won't disappear or disappoint? How can it give me a sense of freedom and peace that I can't find from meditation or holidays? Could it end my search for significance in promotions, possessions and people? Could Jesus' death help me find meaning and purpose in the darkest times, beyond just gritting my teeth and cracking on?

Peter then makes the claim that Jesus was "raised from the dead".³

Could Jesus' historical resurrection give me a sense of security when the changing world around me feels so insecure? Can the resurrection bring true and real joy that goes

beyond mere happiness, or hope that goes beyond mere optimism?

Could Jesus himself fulfil – and I really do mean *fully* fill – all our deepest human needs and desires? Because that's one of the claims of Christianity.

It's my personal experience that Jesus really can give us what we've been missing. And I'm not alone. It's the experience of millions of Christians around the world today and down the generations. It's the experience of a growing number of spiritually-searching Brits finding faith in Jesus, as Bible sales soar and UK church attendance grows. Those finding faith report an increase in their own happiness and hopefulness, and say life has more meaning and purpose than it did before.⁴

Perhaps it's time to try church. Perhaps it's time you found out whether Jesus can give you everything you've been missing.

Because there *is* something missing. Which means there's something *more*. And that *something* can be found in *someone*. **Jesus.**

by Graham Albans

Hear real stories and find a church near you at **findlifeinjesus.org**

¹ <https://www.apassionforlife.org.uk/wp-content/uploads/2025/11/APFL-National-Poll-Report-Published-Oct-2025.pdf>

² 1 Peter 1:18-19

³ 1 Peter 1:21

⁴ <https://spckpublishing.co.uk/blog/bible-sales-surge-among-gen-z-spck-s-role-in-the-growing-demand.html>; <https://www.biblesociety.org.uk/research/quiet-revival>



©2026 A Passion for Life and Graham Albans. Printed in UK. Designed by Something More Creative. Bible quotations taken from The Holy Bible, New International Version® Anglicized, NIV® Copyright © 1979, 1984, 2011 by Biblica, Inc.™ Used by permission. All rights reserved worldwide.

Something missing?



The Key to Finding Purpose in Life

Ever feel like there's something missing in life?

I've been there, stuck in this cycle.
Maybe you can relate ...

We set goals. We achieve them. We feel good.

It could be small things like tasks on a to-do list, or big things like career goals. It could be income increased, business grown, possession purchased, relationship acquired, holiday booked, match won, weight lost ...

We set goals, we achieve them, we feel good. But then comes the big question: "What's next?"

It's the question that keeps us applying for the next job, buying the next thing, booking the next trip, dating the next person.

We set more goals, and round the cycle we go again. It's not just me, is it?

We feel life is never quite *enough*. A friend once described this feeling to me in just one word: *Empty*. Perhaps there really is something missing.

Something more ...

A recent survey revealed that over 30% of men and women in the UK said their lives were missing purpose; 1 in 4 said they lacked freedom. More than 25% of young adults also identified a need for more acceptance, security and love.¹

Any of those resonate with you like they do with me?

Human psychology tells us we're hardwired to need these things in our lives. So we find flavours of them in a number of different places – friendships, relationships, jobs, finances, degrees, children, holidays, careers, leisure ...

But what if we could find more than just a taste of these things here and there? What if we could find love and meaning and hope and security, not just in flavour but in *full*? And not in many places but in one place?

What if we could get off that constant cycle, feeling like life is never enough?

What if we could stop feeling so empty?

Something found

Peter, a disciple of Jesus, wrote an ancient letter that's found in the Bible. In it he talks about "the *empty* way of life [that's been] handed down to you". Sounds like the feeling of something missing is not something new.

But Peter says we can be "redeemed" from that feeling – rescued and brought into a whole new way of experiencing life to the full. The cycle stopped. The emptiness filled.

He explains this isn't done "with perishable things such as silver or gold" (the kinds of things we tend to think will make us happy) "but with the precious blood of Christ".²