

In just one minute Jesus Christ gave sight to the blind, hearing to the deaf, food to the hungry, strength to the lame, health to lepers, and life to the dead.

But it took 180 minutes of agony on the cross for Him to pay the punishment for our sin. Sin is so serious that God the Father sent Jesus to be the Saviour of the world. The eternal Son of God came to earth to go to the cross to die for us. Our sins were laid on Jesus there. Fully paying for our wrong, He died. In a great minute, He cried in victory, 'It is finished.' He had completed the working of dying to deal with sin.

He was buried. Three days later, on the first Easter Sunday, He rose from the dead. Now, having gone up to heaven, He is willing to become your Lord and Saviour.

How many more minutes will you spend before you ask God to forgive you and deal with your sin?

You may not have many minutes of your life left...

You will never experience this particular minute again. Maybe God has been speaking to you? Will you trust Jesus as your Lord and Saviour now? Ask Him to

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forgive you and take control of your life. This could be the minute for which you were born – the minute you get right with God – the minute which will change your eternity.

'Seventy years are given to us! Some may even reach eighty. But even the best of these years are filled with pain and

trouble; soon they disappear and we are gone ... Teach us to make the most of our time, so that we grow in wisdom.'

'People can never predict when hard times might come. Like fish in a net or birds in a snare, people are often caught by sudden tragedy.'

'We beg you not to reject this marvellous message of God's great kindness. For God says, "At just the right time, I heard you. On the day of salvation, I helped you." Indeed, God is ready to help you right now. Today is the day of salvation.'

The above quotations are taken from the Bible, from Psalm 90, Ecclesiastes 9 and 2 Corinthians 6.



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Just a minute



Roger Carswell

Excuse me! Have you got a minute?

On April 19th, 1906 the ground of San Francisco shook for less than one minute, but **over 1,000 people died**.



A **minute** can be a long time.



In Britain 165,000 cups of tea are drunk each 60 seconds!

In a minute a person can tell a lie, steal something, blaspheme God's name, tell a dirty joke, or do something they regret.

Every minute

An eye  blinks **18 times**

695  selfies are taken

 Light travels **11,184,681 miles** 


168 million emails are sent 

165,000 cups of tea are drunk 

25,000 eggs are eaten 

240,000

cigarettes 

42 million gallons of water pour over the Niagara Falls 

255 babies are born 

Death can happen in a minute. 

The Bible teaches that one day Jesus Christ will come back to this earth. He will appear not as a baby, but as the King of Kings to judge all the people of the world. None of us know when this minute will be!

You can pray for a minute. One guilty man prayed, 'God be merciful to me a sinner'. Jesus said this man was cleansed from his sin. Possibly the prayer took years to formulate, only a minute to pray; but it took eternity to enjoy its answer.

The dying thief crucified next to Jesus prayed, 'Lord, remember me when you come into your kingdom'. Jesus promised him heaven. Everlasting life was his, because in his last minute he trusted Jesus.

Heaven is not a reward, but a gift, offered by God, which can be received in a minute.

It only takes a minute to come to Jesus, so what a tragedy to be lost from God eternally.